

“How to cope with change”

Joshua 1:1-5

World is changing for 3 reasons:

1. Everything is moving faster
2. Every decision is getting complicated
3. Every value is being challenged

If Christianity is about anything – it’s about change.

Change doesn’t mean growth but growth means change.

God is a God of change

“Forget the former things; do not dwell on the past. See, I am doing a new thing.” Isaiah 43:18, 19

Change can cause:

1. Frustration
2. Fear
3. Fatigue

Negative reactions to change:

1. Resist it
2. Resent it
3. Run from it

Positive results from change:

1. It causes us to grow
2. It takes us to places we would never go
3. It gets us out of a rut
4. It gives us a new sense of God’s direction

3 steps for handling change:

1. Turn the page
2. Stake your claim
3. Claim your promises

